

# 記得我們攜手同遊： 三月博物館行



研究報告顯示社交活動有益大腦健康！阿滋海默症協會致力為灣區華裔失智症家庭提供協助與支持，特別推出這個『記得我們攜手同遊』系列社交活動，與大家一起為我們的家人創造美好的回憶。這個活動內容包括戶外踏青、參觀博物館、聚餐等等。

## 活動對象：

失智症患者及其家屬照顧者。報名後需接受簡單的評估。

## 活動形式：

以十人（五對）為一個小組形式進行（包括午餐）。

## 活動費用：

免費。參加者需自行到目的地集合。

**報名：**請致電歐小榮408.372.9926或  
電郵 [xou@alz.org](mailto:xou@alz.org)查詢詳情。  
名額有限，報名從速。

**日期：**星期五， 3/16/2018

**時間：**上午11點半至下午2點半

**地點：** Legion of Honor Museum  
100 34th Avenue  
San Francisco



## Memory Making Social Outing: March Museum Tour



Research studies have found that social engagements support our brain health! Alzheimer's Association is committed to serving and supporting individuals who are affected by Alzheimer's disease and related dementia, and their families in the Asian community. We proudly present "Memory Making Social Outing" through a series of social activities including fieldtrips, museum tours, and social gatherings.

### Target Participants

Persons living with dementia and their care-givers. A brief phone screening is required.

### Group Setting

10 individuals (5 pairs). Lunch included.

### Cost

Free. All participants are to meet at the destination.

### Registration

Please contact Xiaorong Ou at 408.372.9926 or [xou@alz.org](mailto:xou@alz.org)

**Date:** Friday, March 16, 2018

**Time:** 11:30 a.m. to 2:30 p.m.

### Location:

Legion of Honor Museum  
100 34th Avenue  
San Francisco

