



THE UCSF ASIAN HEALTH INSTITUTE PRESENTS

亞裔健康研究院公告

**Cumulative Stress and Cardiovascular Disease**

**“累積壓力和心血管疾病” 講座**

Imbalance in personal efforts and rewards, financial strains, or unexpected events can generate stresses that affect our cardiovascular health. Come and hear from UCSF cardiologist Professor Michelle Albert who is an expert in this area as she shares her expertise with you in this upcoming lecture. This unique lecture is free and bilingual (English/Cantonese).

來自個人努力和不平衡的酬勞，金錢或意外的事件的壓力都可能影響我們的心血管健康。UCSF 心臟病學家 Michelle Albert 教授是這方面的專家，她在這將到的講座中與您分享她的專業知識和調查工作的研究結果，給我們講明講白。這是一個免費的雙語（英語/粵語）講座。



**Speaker 演講者:** 米歇爾·阿爾伯特教授 Michelle Albert, MD

**Date/Time 日期時間:** 二月十五日 (星期三) February 15, 2017 (Wednesday)

下午 5:00-6:30 pm

**Location 地點:** 赫布斯特館 Herbst Hall, UCSF Mount Zion Campus

1600 Divisadero 街 (Between Post and Sutter St.), 2<sup>nd</sup> floor, San Francisco

**RSVP 敬請回復:** 請致電 Call 415-885-3678 留言

**Online 或點擊這裡進行網上註冊** <http://bit.ly/ucsfstress>

**Sponsor 贊助:** 康信知識產權 Kangxin Partners

**Light refreshment 茶點招待**