

如何聯繫我的醫療團隊？

How Do I Contact My Health Care Team?

| 何時？ When? | 打電話 Phone Call 1-(415)-885-3882 (英語按 # 1，然後找護士按 # 3) (Press #1 for English followed by #3 for a nurse.) | 我的電腦病歷表 MyChart |
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| 在營業時間 During Business Hours 週一至週五 Monday-Friday 8 a.m.-5 p.m. | <ul style="list-style-type: none">• 意外或症狀失控 Unexpected or uncontrolled symptoms• 有緊急要求或要緊急約見 Urgent requests or urgent appointments• 發燒超過100.5度華氏，疼痛，出血，噁心/嘔吐，腹瀉，便秘 Fever over 100.5° F, pain, bleeding, nausea/vomiting, diarrhea, constipation• 如果不能確定的問題或要求的緊迫性，請來電而不要使用MyChart If unsure about urgency of issue or request please call, rather than MyChart• 如果有任何緊急的症狀, 請撥打911 | <ul style="list-style-type: none">• 測試 Test / 掃描結果 scan results• 預約請求 Appointment requests• 填充藥物 Medication refills• 有非緊急問題 Non-urgent issues• 醫療問題 Treatment questions• 變更保險 Changes in insurance |

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| <p>在非營業時間 During Non-Business Hours 晚上 Nights 5 p.m.-8 a.m. 週末，節日 Weekends, Holidays</p> | <p>CALL 911 for any emergent symptoms</p> <ul style="list-style-type: none"> • 在化療或手術後4週內發燒超過100.5度華氏 Fever over 100.5° F, while on chemotherapy or within 4 weeks of surgery • 出血（除了月經出血以外） Bleeding (other than menstrual bleeding) • 不可以控制噁心，嘔吐或腹瀉 Uncontrolled nausea, vomiting or diarrhea • 不可以控制疼痛，呼吸困難 Uncontrolled pain, breathing difficulties • 質疑是否有必要去急診室 Questioning whether an Emergency Room trip is needed • 如果有任何緊急的症狀，請撥打911 CALL 911 for any emergent symptoms | <ul style="list-style-type: none"> • 測試 Test / 掃描結果 scan results • 預約請求 Appointment requests • 填充藥物 Medication refills • 有非緊急問題 Non-urgent issues • 醫療問題 Treatment questions • 變更保險 Changes in insurance |
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*在工作時間內請只撥打電話或使用MyChart做以下事項：
 預約請求，填充藥物請求或掃描/實驗室結果。
 Please call only during business hours or use MyChart for:
 appointment requests, medication refill requests or scan/lab results.