

Nausea / Vomiting / Diarrheal / Constipation Medications

噁心/嘔吐/腹瀉/便秘的藥物

Medications	藥物
<p>Nausea/Vomiting Medications</p> <ol style="list-style-type: none"> 1. Ondansetron (Zofran) 8 mg -1 tab every 8 hrs for 3 days after chemo then as necessary after, for severe nausea / vomiting. 2. Prochlorperazine (Compazine) 10 mg -1 tab every 6 hours as necessary for chemotherapy mild nausea / vomiting. 3. Lorazepam (Ativan) 1 mg -1 tab every 6 hours as necessary for nausea / vomiting /anxiety. . . 4. Dexamethasone 4 mg 2X / day - the day before, day of, & day after chemotherapy; Take you afternoon dose no later than 3 pm. <p>Anti-Diarrhea medications:</p> <ol style="list-style-type: none"> 1. Imodium tablet -Take 2 tabs right away then 1 tab every 6 hours while having runs / mushy stools. Take 2 tabs at bedtime. <p>Continue while having runs. Taper the dose / frequency if no bowel movement in 6 hours. Stop taking if no stool in 24 hours.</p> <p>For Constipation:</p> <ol style="list-style-type: none"> 1. Senokot S - 1 tab 2X/day till have bowel movement. <p style="text-align: center;">Or</p> <ol style="list-style-type: none"> 1. Colace 100 mg -2 tabs 2 - 3X/day. 2. Senna 2 tabs 2X/day. 	<p>噁心/嘔吐藥物</p> <ol style="list-style-type: none"> 1. 恩丹西酮 (Ondansetron) (Zofran 樞復寧) – 化療後3天內如有嚴重的噁心/嘔吐, 可以每八小時服用一顆八毫克的藥丸。 2. 丙氯拉嗪 (Compazine) 10毫克 – 化療後如有輕度的噁心/嘔吐, 可以每6小時服用一顆10毫克的藥丸。 3. 勞拉西泮 (Lorazepam) (Ativan 阿蒂凡) – 如有噁心/嘔吐/焦慮時, 可以每6小時服用一顆一毫克的藥丸。 4. 地塞米松 (Dexamethasone) – 在化療前一天, 化療當天, 與化療後的一天; 請一天兩次服用一顆4毫克的藥丸, 你下午服用第二次的藥丸不要遲過下午3點。 <p>抗腹瀉藥:</p> <ol style="list-style-type: none"> 1. 易蒙停 (Imodium)藥丸 – 有水狀/糊狀糞便時, 請先服用兩片, 然後每6小時1片, 在睡前再服用兩片。 <p>如水狀/糊狀糞持續, 便繼續服用藥丸。如果在6個小時內沒有排便, 可以逐漸減少藥物的藥量/頻率。如果在24小時內沒有大便, 便可停止服用。</p> <p>便秘藥:</p> <ol style="list-style-type: none"> 1. Senokot S – 一天服用兩次, 每次一片直到有排便 <p style="text-align: center;">或者</p> <ol style="list-style-type: none"> 1. Colace 100毫克 – 一天服用兩至三次, 每次兩片 2. 塞納 (Senna) – 一天服用兩次, 每次兩片