



University of California  
San Francisco

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*The Asian Health Institute presents*

## **New Heart Health Bilingual Lecture Series**

**新心臟健康講座系列 (英語及廣東話授課)**

**November 2014 – April 2015**

**Learn more, live longer!  
Knowledge is your best medicine!**

**Please call the Hotline: (415) 885-3678 to register for the following classes.**

Heart disease remains one of our top killers, despite aggressive preventive efforts. It is important for us to take responsibility to learn more how to live a heart-healthy lifestyle. These bilingual classes have been designed to give you the basic and some advanced knowledge in heart disease and their early recognition, with the aim to narrow the health disparity gaps in people whose native language is not English.

**November 6, 2014**    **New Horizons in Heart & Vascular Diseases Prevention**  
Gordon Fung, MD, PhD, MPH

**January 15, 2015**    **Your Heart: In health and in sickness**  
Edmund Keung, MD

**February 4, 2015**    **Irregular Heart Beats And Palpitations - What's dangerous?**  
Byron Lee, MD

**March 10, 2015**    **Heart Failures - Part of Aging??**  
Gordon Fung, MD, PhD, MPH

**April 9, 2015**    **New National Guidelines for High Blood Pressure Management**  
Gordon Fung, MD, PhD, MPH

**NOTE: The time and place below will be the same for all classes:**

**Time:** 5 – 6:30 pm

**Place:** 1600 Divisadero Street, Herbst Hall  
Second Floor

**RSVP: (415) 885-3678 – \*Please RSVP for class after date of the previous class\***

**Light refreshment!**

**SPONSORS**

Sponsored by the Asian Health Consortium, the Asian Healthcare Institute, Inc. and the Advisory Cabinet of the UCSF Asian Health Institute.

