

San Francisco Chinese Alzheimer's Forum

舊金山華人阿滋海默症論壇

(英/粵雙語健康講座, English/Cantonese bilingual)

您有沒有經歷過記憶力的問題？您有親人或朋友正在經歷阿滋海默症及相關失智症的困擾嗎？歡迎參加我們一年一度的免費的英/粵雙語健康講座。

演講主題 / 嘉賓

- **與你一路同行**
勞榮海, 失智症家屬照護者
- **失智症的診斷及醫護規劃 -- 了解不同類型的失智症與症狀, 失智症的診斷過程, 目前的醫護選擇, 以及提前規劃的重要性**
陳佩醫師, 加州大學舊金山分校老年護理中心
- **法律規劃 -- 規劃未來避免受失智症影響**
李傑夫律師, 志工
- **有效的溝通 -- 失智症不同階段的溝通方略**
Tiffany Mikles, 阿滋海默症協會北加州與北內華達州分會

Have you ever experienced memory problems? Do any of your family/friends live with Alzheimer's disease or related dementia? Please join us for our annual English/Cantonese bilingual educational forum.

Topics/Speakers

- **With You All the Way**
Ronghai Lao, Family Caregiver
- **Dementia: Getting a Diagnosis and Planning for Care**
Dr. Pei Chen, UCSF Center for Geriatric Care
- **Legal Planning -- Plan for the Future Before Being Affected by Dementia**
Geoffrey Lee, Volunteer/Attorney
- **Calming the Communication Chaos – Tips at Different Stages**
Tiffany Mikles, Alzheimer's Association

Time (時間):

Sunday, 11/5/2017, 1 – 4 pm

Location (地點):

San Francisco Main Library (舊金山總圖書館)
Koret Auditorium
100 Larkin St.
San Francisco, CA 94102

Cost (費用): Free. Respite grants available for caregiving needs (免費。可為有需要的家屬照顧者提供喘息服務補助金)

Registration (報名):

RSVP (提前報名)

<https://tinyurl.com/SFchineseforum2017>

or call 408.372.9926, or email xiaorong.ou@alz.org

Sponsors/ Exhibitors (協辦/參展機構):

SF Main Library (舊金山總圖書館)
UCSF Memory and Aging Center (記憶力研究及治療中心)
UCSF Center for Geriatric Care (老年護理中心)
UCSF Asian Health Institute (亞裔健康研究所)
Chinese Community Health Resource Center (華人社區健康資源中心)
Aegis Garden (樂敘之家)
Asian American Home Health (美亞家庭康護服務)
Self Help for the Elderly (安老自助處)

Chinese Newcomers Service Center (新僑服務中心)
Asian Health Services (亞健社)
On Lok Lifeways (安樂居)
Kaiser Permanente Medical Center (凱撒醫療中心)
NEMS (東北醫療中心)
Pathways
Center for Elder's Independence
Institute on Aging
Compassionate Community Care
California Telephone Access Program
SF Chinese Mennonite Church (華人基督教救恩堂)
Catholic Charities

