



Asian Health Institute
亞裔健康研究院



Happy 50 Plus
樂活50加

Age-Friendly Healthcare Systems

關愛老人的醫療系統

Re-imagining better care for
older adults

為老人提供更好護理

Bilingual (Cantonese/English) Town Hall (Zoom Only)

網上（粵英語）視像論壇



Panelist 演講嘉賓

Jennie Chin Hansen, PhD (Hon.), RN,
MS, FAAN (Ret.) 陳禎娜榮譽博士

Immediate past CEO of the American Geriatrics Society
美國老年病學會前任首席執行官

Past President of the AARP 美國前任樂齡會主席

Past Executive Director of On Lok, Inc. 安樂居前執行官

Commissioner for the California Governor's Health Care for
All Commission 加州州長全民醫療委員會專員

2022 UCSF Audacious Alumni award

2022年加州大學舊金山分校無畏的校友獎

Host 主持

Diana Lau, PhD, RN, CNS 劉雪艷主任

Director, UCSF Asian Health Institute
加州大學舊金山分校亞裔健康研究院主任

Questions can be submitted prior to the town hall
問題可以在城市論壇之前提交

by fax傳真: +1 415 592 9824 or

by email電郵: ahi@ucsf.edu

The town hall will be recorded for later re-play
此論壇會被錄影供以後播放

Thursday October 20

星期四, 十月二十日, 2021

下午 5:00–6:30 PM PDT 太平洋時

Registration 登記

<https://bit.ly/agefriendlyoct20>

Panel Discussion 討論項目

- Innovations and improvements in healthcare systems 老人醫療系統的創新和改進
- Why is there a need for a movement for “Age Friendly Health Systems”?
為什麼需要一個“關愛老人的醫療系統”?
- What do the four key areas in 4Ms stand for?
4Ms 代表什麼 4 個關鍵領域?
- How can we be more prepared if our loved ones or ourselves become an inpatient?
如果我們的親人或我們自己入院，如何才能做好準備?
- How can we be “ready” if we have to go to an emergency room?
如果我們必須去急症室，我們如何能“準備好”

Additional resources from AARP

<https://chinese.aarp.org/downloads/>