



## Ready, Set, Go to Sleep: What to Discuss with Your Anesthesiologists to Prepare for Anesthesia

如何與您的麻醉師溝通麻醉需知

Patient Empowerment Series Part 6 - 增強患者健康系列

UCSF ASIAN HEALTH INSTITUTE BILINGUAL HEALTH LECTURES

亞裔健康研究院雙語健康講座 (英語和廣東話)

**A**lmost all surgeries require some form of anesthesia: local, general, a commonly used type in ambulatory surgery settings called conscious sedation, and other types. What are they, what to expect before and after surgery, and what you should from your anesthesiologist before and after surgery? Waking up from surgery is an important part of the postoperative recovery period, and there is no room for making medical errors. Please come and join us with UCSF's Dr. Denise Chang to learn more. This is a free and bilingual (English/Cantonese) lecture. All are welcome. Free prize drawing after class.



**幾**乎所有手術都需要用一些麻醉：局部的，全身的，在門診手術環境中常用的一類，稱為清醒鎮靜，以及其他類型。它們是什麼，手術前後會發生什麼，手術前後您應該從您的麻醉師那裡得知什麼？從手術中醒來是術後恢復期的一個重要時段，不能有出現醫療錯誤的餘地。我們很幸運地邀請到滿懷熱心的加大張丹齡醫學博士在這講座中與我們分享麻醉方面的醫學知識。這是一個免費的雙語（英語／廣東話）講座，歡迎各位踴躍參加。講座後免費抽獎。

**Speaker**  
演講者



**Denise Chang, MD** 張丹齡醫學博士  
Assistant Professor  
Department of Anesthesia, UCSF

**Date/Time** **December 20, 2018 (Thursday)** 十二月二十日 (星期四)  
日期時間 下午 5:00–6:30 pm

**Location** **Herbst Hall, UCSF Mount Zion Campus** 赫布斯特館  
地點 **1600 Divisadero 街 (Between Post and Sutter St.), 2<sup>nd</sup> floor, San Francisco**

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