

## Heart to Heart® Café



Start the conversation by playing a card game. Participants will receive a free deck of cards.

- Sat, 1/23/21, 10am-12pm PT
- Thu, 4/2/21, 10am-12pm PT
- Sun, 7/25/21, 2pm-4pm PT

## Advance Care Planning



Prepare your Advance Care Planning and let your family know your health care decisions.

- Sat, 1/30/21, 10am-11am PT
- Thu, 4/8/21, 10am-11am PT
- Sun, 8/1/21, 3pm-4pm PT

## AHCD Workshop



Step by step instructions to fill out the AHCD.

- Sat, 1/30/21, 11am-12pm PT
- Thu, 4/8/21, 11am-12pm PT
- Sun, 8/1/21, 4pm-5pm PT

## Registration

[https://forms.gle/2CB](https://forms.gle/2CB96PLmasmdxSeD9)

[96PLmasmdxSeD9](https://forms.gle/2CB96PLmasmdxSeD9)

Scan QR Code



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