



A Review and Update on Diabetes

糖尿病的認識及其最新進展

Patient Empowerment Series

增強患者健康系列

UCSF ASIAN HEALTH INSTITUTE BILINGUAL HEALTH LECTURES

亞裔健康研究院雙語健康講座（英語和廣東話）

THE WORLD HEALTH ORGANIZATION USED THE word “explosive” to describe the rate of growth of diabetes in China. In 2016, it was estimated that about 110 million, 10% of all adults, live with diabetes. Without aggressive intervention and lifestyle changes, that number is expected to increase to 150 million in 2040. Type 2 diabetes is a chronic, debilitating disease that is not benign. Patients with diabetes suffer from numerous complications which can cause a lot of morbidity and mortality, resulting in huge social and clinical burden globally. As a result, effective approaches to prevent or treat type 2 diabetes or its many complications are of paramount importance. Come and join us in this important lecture as our clinical and research expert on diabetes, Dr. Victoria Hsiao, shares with us the latest research in the pathophysiology of diabetes and the relationship to treatment and prevention. This is a free and bilingual (English/Cantonese) lecture. All are welcome.



世界衛生組織使用“爆炸性”一詞來描述糖尿病在中國的發病率。在二〇一六年，估計約有1.1億人（成年人的10%）患有糖尿病。如果沒有積極干預和改變

生活方式，這一數字預計將在二〇四十年加到1.5億。二型糖尿病是一種慢性，使人衰弱，而不能輕視的疾病。糖尿病患者有許多並發症，這些並發症可導致高度

發病率和死亡率，在全球帶來巨大的社會和臨床負擔。因此，預防或治療2型糖尿病或其許多並發症的有效方法至關重要。這是一個免費的雙語（英語／廣東話）講座，歡迎各位踴躍參加。

Speaker

演講者



Victoria Hsiao, MD, PhD

Associate Professor, Medicine
School of Medicine, UCSF

Date/Time

日期時間

June 13, 2019 (Thursday) 六月十三日（星期四）

下午 5:00–6:30 pm

Location

地點

Herbst Hall, UCSF Mount Zion Campus 赫布斯特館

1600 Divisadero 街 (Between Post and Sutter St.), 2nd floor, San Francisco

RSVP

敬請回復

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