7th ANNUAL
Asian Health Symposium

LAUREL HEIGHTS CONFERENCE CENTER
San Francisco, California

THURSDAY - FRIDAY
October 11-12, 2018

COURSE DIRECTORS
Gordon Fung, MD, MPH, PhD
Professor of Medicine, UCSF
Diana Lau, PhD, RN, CNS
Assistant Professor
School of Nursing, UCSF
Director, UCSF Asian Health Institute

STEERING COMMITTEE
Anne Chang, MD
Peter Chin-Hong, MD
Andrew Ko, MD
Gene Lau, MD
Descartes Li, MD
Chienying Liu, MD
Don Ng, MD
Eugene Yang, MD
7th ANNUAL Asian Health Symposium

The Asian population has grown rapidly in the nation over the last decade, presenting major challenges in healthcare to provide culturally-appropriate care and eliminate healthcare disparities. Over half of the Asian community are immigrants with unique cultural and language needs. In light of that, the Asian Health Institute at the University of California, San Francisco launched the Asian Health Symposium series in 2012 with the aim to educate healthcare providers on the specific health and healthcare needs of Asian patients.

The 7th Annual Asian Health Symposium will highlight several specific areas for this unique community, including rheumatology, infectious disease, diabetes, and hypertension, with special emphasis on the differences in the care of Asian patients in these targeted disease areas. In addition, the topics of healthcare technology, addiction, and various healthcare initiatives will be addressed.

This unique symposium is one of the very few CME programs in the nation that can help bridge the knowledge and practice gaps of the healthcare community in treating Asian patients, especially the disadvantaged immigrants, on the many diseases and health issues that have significant impacts on them.

TARGET AUDIENCE
Designed for family and primary care physicians, internists, and specialists, as well as nurse practitioners, physician assistants, nurses, pharmacists, and other healthcare providers who face the unique health care needs and challenges of their Asian patients.

OBJECTIVES
After attending the two-day symposium, attendees will be able to:

- Incorporate a multicultural focus to improve patient care and satisfaction;
- Identify why precision genomics and counseling play important roles to reduce hereditary cancer risks;
- Better manage Asian patients with diabetes;
- Provide clinical treatment for rheumatoid arthritis;
- Identify emerging infections and new antibiotics;
- Utilize new treatments in Hepatitis B and C;
- Incorporate strategies to lower the stigma of having HIV in Asian patients;
- Use screening techniques in the evaluation of dementia;
- State two controversial issues with the new 2018 hypertension guidelines;
- Educate patients on the prevention of osteoporosis;
- Describe opioid use in Asians and health issues arising out of the legalization of the use of cannabis.

ACCREDITATION
The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council of Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

UCSF gratefully acknowledges the collaboration of this course's Co-Providers, The University of Washington and Kaiser Permanente.

UCSF designates this live activity for a maximum of 12.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Nurses: For the purpose of recertification, the American accepts AMA PRA Category 1 Credit™ issued by organizations accredited by the ACCME.

Physician Assistants: AAPA accepts category 1 credit from AOACCME. Prescribed credit from AAFP, and AMA PRA Category 1 Credit™ from organizations accredited by the ACCME.

Pharmacy: The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for AMA PRA Category 1 Credit™.

Geriatric Medicine: The approved credits shown above include 12.25 credits toward meeting the requirement under California Assembly Bill 1820, Geriatric Medicine.

State of California Acupuncture Board: Approved for a maximum of 12.75 Category 1 hours by the California Acupuncture Board (CAB). Provider Number: 1419.

AMERICAN BOARD OF INTERNAL MEDICINE MOC
Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12.75 MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.
GENERAL INFORMATION
Advance registration closes on October 9, 2018.

SYLLABUS
An electronic syllabus will be sent to participants prior to the course and posted on the course website.

HOW TO ENROLL
Tuition:
- $475 Physicians
- $295 Advanced Practice & Allied Health Professionals
- $250 Residents/Fellows
- $395 Physicians - UCSF/UW/Kaiser/SFDPH/ZSFG/Canopy Health/Dignity Health/AAMG
- $215 Advanced Practice & Allied Health Professionals - UCSF/UW/Kaiser/SFDPH/ZSFG/SFDPH/ZSFG/Canopy Health/Dignity Health/AAMG
- $150 All Residents/Fellows/Staff - UCSF/UW/Kaiser/SFDPH/ZSFG/Canopy Health/Dignity Health/AAMG

Payment can be made by Visa, MasterCard, AmEx or check.

REGISTER VIA:
Online: cme.ucsf.edu
Mail: Complete course registration form and send with payment to: UCSF Office of CME P.O. Box 45368 San Francisco, CA 94145-0368
Fax: Fax completed registration form to: (415) 502-1795 (be sure to include your credit card number).
Phone: To register by phone or to inquire about registration status, please call UCSF’s CME Registration Office at (415) 476-5808. Please check our website for up-to-date information on the course: cme.ucsf.edu

THURSDAY, OCTOBER 11, 2018

7:45 am Registration and Breakfast
8:30 Welcome and Introduction Gordon Fung, MD, PhD
8:40 Innovative Strategies Addressing the Crisis in Geriatric and Chronic Care Jennie Chin Hansen, MS, RN, FAAN

COMMUNICATION SKILLS: AT A CROSS ROAD WITH TECHNOLOGY
Moderators: Gene Lau, MD and Chienying Liu, MD
9:35 Communication: the Most Common Procedure in Healthcare Calvin Chou, MD
10:00 Coffee Break
10:20 Language Access: Emerging Trends and Quality Implications Gayle Tang, RN, MS
10:45 Precision Genomics and Counseling with Cancer Patients Galen Joseph, PhD
11:10 Counseling Asian Patients with Diabetes Sarah Kim, MD
11:35 Smart Technologies to Enhance Diabetes Management and Communication Robert Rushakoff, MD, MS

12:00 pm Q & A Panel Conference Faculty
12:15 Lunch, Provided

RHEUMATOLOGY
Moderators: Gordon Fung, MD, PhD and Don Ng, MD
1:15 Osteoarthritis, Gout, and Pseudo Gout R. Krishna Chaganti, MD, MS
1:55 Rheumatoid Arthritis Mary Nakamura, MD
2:35 Q & A Panel Conference Faculty
2:45 Coffee Break

INFECTIOUS DISEASE UPDATE • Moderator: Peter Chin-Hong, MD
3:00 Emerging Infections and New Antibiotics Monica Fung, MD
3:50 HIV in Asians Sophy Wong, MD
4:15 Q & A Panel Conference Faculty
4:30 pm Adjourn
FRIDAY, OCTOBER 12, 2018

8:00 am Breakfast

DISEASE PREVENTION • Moderators: Andrew Ko, MD & Eugene Yang, MD

8:35 Dementia Diagnosis and Treatment: Current and Future Strategies
Richard Tsai, MD

9:00 Hypertension Guidelines Update 2018
Eugene Yang, MD

9:25 An Update in Lipid Management 2018
Patricia Kim Phuong Nguyen, MD

9:50 SF CAN: The Citywide San Francisco Colorectal Cancer Task Force
Ma Somsouk, MD

10:15 Q & A Panel
Conference Faculty

10:30 Coffee Break

WOMEN’S HEALTH • Moderator: Anne Chang, MD

10:55 Osteoporosis
Joan Lo, MD

11:25 Domestic & Interpersonal Violence: Assessment and Resources
Nicole Appelle, MPH, MD

11:50 Herbs Commonly Used by Females
Molly Heublein, MD

12:15 Q & A Panel
Conference Faculty

12:30 pm Lunch on Own

ADDICTION ISSUES • Moderators: Descartes Li, MD & Don Ng, MD

1:30 Gambling Addiction
Michael Liao, MSW

2:10 Social Media and Internet Addiction across Cultures
Ravi Chandra, MD, DFAPA

2:45 Coffee Break

3:00 Cannabis and Opioid Addiction
David Kan, MD

3:50 Q & A Panel and Closing
Conference Faculty and Diana Lau, PhD, RN, CNS

4:30 pm Adjourn

On-Site Registration: Generally we are able to accommodate on-site registration at our courses however pre-registration is preferred to ensure that we have adequate course materials.

REFUND POLICY
Cancellations received in writing by October 9, 2018 will be refunded, less a $75 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION
University of California, San Francisco
Laurel Heights Conference Center
3333 California Street @ Walnut Street
San Francisco, CA 94118

PARKING
Limited parking is available at the Laurel Heights Conference Center for $15/day on Friday and $6/day on Saturday. The Conference Center is located at 3333 California Street, between Presidio Avenue and Laurel Street and is accessible by public transportation (MUNI lines 1, 2 and 43).

RENTAL CAR
Hertz is offering special rates for participants of this conference; simply call (800) 654-2240 and refer to convention number 03BW0137 or call your travel agent. You may also make reservations at www.Hertz.com. Advance reservations are recommended.

AIR TRANSPORTATION
UCSF has negotiated special fares with United Airlines for our course attendees. You may use the following tour code to book on your own:
United: www.united.com code: ZZ26868008
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<th>COURSE CHAIRS</th>
<th>Gordon Fung, MD, MPH, PhD</th>
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<td></td>
<td>Professor of Medicine, UCSF</td>
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<th>COURSE FACULTY</th>
<th>University of California, San Francisco (unless indicated)</th>
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<tr>
<td>Nicole Appelle, MPH, MD</td>
<td>Associate Professor of Medicine</td>
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<td>R. Krishna Chaganti, MD, MS</td>
<td>Associate Professor of Medicine</td>
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<td>Calvin Chou, MD, PhD</td>
<td>Professor of Medicine</td>
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<td>Staff Physician, San Francisco VA Medical Center</td>
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<td>Monica Fung, MD</td>
<td>Clinical Fellow, Division of Infectious Diseases</td>
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<td>Jennifer Hanser, MS, RN, FAAN</td>
<td>Board of Directors, Scan Health Plan and Dignity Health System</td>
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<td>Molly Heubel, MD</td>
<td>Assistant Professor of Medicine</td>
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| Galen Joseph, PhD                  | Associate Professor of Anthropology, History and Social Medicine |
| David Kan, MD                      | Associate Professor of Medicine |
|                                    | Clinic Director, Opiate Treatment Program, San Francisco VA Medical Center |
| Sarah Kim, MD                      | Associate Professor of Medicine |
|                                    | Division of Endocrinology and Metabolism |
| Jennifer Lai, MD, MBA              | Assistant Professor of Medicine |
|                                    | General Hepatology and Liver Transplantation |
| Michael Liao, MSW                  | Director of Programs |
|                                    | NICOS Chinese Health Coalition |
| Joan Lo, MD                        | Research Scientist, Kaiser Permanente Northern California Division of Research |
|                                    | Endocrinologist and Graduate Medical Education Research Director |
| Mary Nakamura, MD                  | Professor of Medicine |
|                                    | Division of Rheumatology |
| Robert Rushakoff, MD, MS           | Professor of Medicine |
|                                    | Division of Endocrinology and Metabolism |

| Patricia Kim Phuong Nguyen, MD     | Assistant Professor |
|                                     | Stanford University |
|                                     | Director of Advanced Imaging, Palo Alto VA Medical Center |
| Ma Somsouk, MD                      | Associate Professor of Medicine |
| Gayle Tang, RN, MS                  | Consultant |
|                                    | Past National Director, Multicultural Program, Kaiser Permanente |
|                                    | Co-author, California Healthcare Interpreter Standards of Practice and Code of Ethics |
|                                    | Adjunct Professor, City College of San Francisco |
| Richard Tsai, MD                    | Assistant Professor of Medicine |
| Sophy Wong, MD                      | Medical Director, Bay Area / North Coast AIDS Education and Training Center (AETC) |
|                                     | Medical Director, HIV ACCESS Internist and HIV Specialist, Asian Health Services |
|                                     | Associate Professor of Medicine, UCSF |
| Eugene Yang, MD                     | Medical Director |
|                                    | UW Medicine |
|                                    | Eastside Specialty Center |
|                                    | Associate Professor of Medicine |
|                                    | Division of Cardiology |
|                                    | University of Washington Medical Center |
|                                    | Seattle, WA |

REGISTER TODAY! For more information or to register online visit our website at cme.ucsf.edu. You may also reach us by calling the Office of CME at (415) 476-4251 or emailing: info@ocme.ucsf.edu.

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Mail to: UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: (415) 502-1795

Online registration: cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

☐ Dr. ☐ Ms. ☐ Mr. ☐ Mrs.

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Degree ______________ Specialty ______________

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Daytime Phone ______________ Fax ______________

Email ______________

Address Label Code (see address label: example, A, B, C, D, etc.) ______________

Would you like to be on our priority email list? ☐ Yes ☐ No

Date of birth to be used as OCME registrant number: __________ / __________ / __________

Month Day

Please indicate if you have any special needs: __________________________________________

Registration Fees:
☐ $475 Physicians
☐ $295 Advanced Practice/Allied Health Professionals
☐ $250 Residents/Fellows

$395 Physicians - UCSF/UW/Kaiser/SFDPH/ZSFG/Canopy Health/Dignity Health/AAMG

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$150 All Residents/Fellows/Staff - UCSF/UW/Kaiser/SFDPH/ZSFG/Canopy Health/Dignity Health/AAMG

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Authorized Signature

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