

Savvy Caregiver Training



Based on research by experts, this course from the Alzheimer's Association will provide clinical-level training for hands-on family caregivers.

Many family caregivers have told us they would like to go beyond the introductory education offerings. This is that opportunity.

Graduate with improved:

- Knowledge, skills and outlook.
- Skills to assess the abilities of your loved one with dementia & adjust your approach over time.
- Confidence to set and achieve caregiving goals.
- Strategies to manage activities of daily living.



When:

Tuesdays, 2 - 4 pm

July 24, 31, August 7, 14, 21, 28

Please commit to attend all 6 classes.

Where:

Chinese Newcomers Service Center

777 Stockton Street, #108, San Francisco

Cost: Free

The Program: The Savvy Caregiver Training Program provides over 12-hours of face to face training with dementia experts and a caregiver manual.

- > **Pre-registration and phone screening is required. 415.463.8504 ask for Arthur Chan or email archan@alz.org**
- > **No Walk-Ins Accepted**