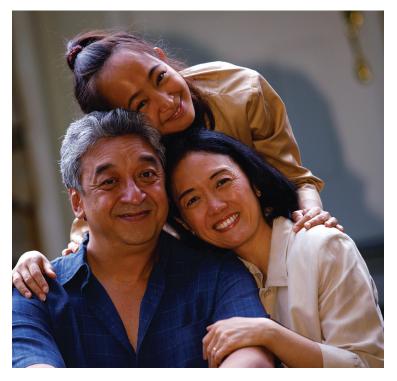
## alzheimer's R association

# Savvy Caregiver Training









Based on research by experts, this course from the Alzheimer's Association will provide clinical-level training for hands-on family caregivers.

Many family caregivers have told us they would like to go beyond the introductory education offerings. This is that opportunity.

Graduate with improved:

- Knowledge, skills and outlook.
- Skills to assess the abilities of your loved one with dementia & adjust your approach over time.
- Confidence to set and achieve caregiving goals.
- Strategies to manage activities of daily living.

#### When:

Tuesdays, 2 - 4 pm July 24, 31, August 7, 14, 21, 28 Please commit to attend all 6 classes.

#### Where:

Chinese Newcomers Service Center 777 Stockton Street, #108, San Francisco

#### Cost: Free

**The Program:** The Savvy Caregiver Training Program provides over 12-hours of face to face training with dementia experts and a caregiver manual.

- Pre-registration and phone screening is required. 415.463.8504 ask for Arthur Chan or email archan@alz.org
- > No Walk-Ins Accepted

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