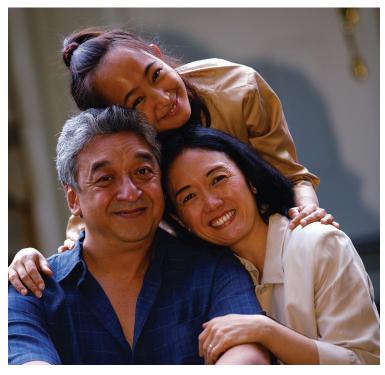
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照護者訓練課程

(Savvy Caregiving Training Program) 一個為家屬所設計的全面性照護課程 (廣東話授課)









依據專家的研究,阿滋海默症協會提供的這個 課程將為家屬照護者提供臨床程度的訓練。許多 家屬照護者告訴我們他們想更深入的了解阿滋 海默症,而這堂課程就是這個機會。

完成這個課程將會提升你的:

- 知識,技巧與遠見。
- 評估失智家人能力的技巧,以及因應不同情況隨時調整態度與方法的能力。
- 達成照護目標的信心。
- 壓力管理,做出決定,與管理日常生活活動的策略。

時間:

星期四下午,一點到三點 三月八日,十五日,二十二日,二十九日,四月五日,十二日 需出席全部課程。

地點:

愛加倍社區中心 378-18th Avenue, San Francisco

費用: 免費。

對有需要的家庭,我們將提供喘息服務補助金。

關於這個課程:

專業照護者訓練課程 (The Savvy Caregiver Training Program) 提供12小時面對面的照護訓練與照護者手冊.

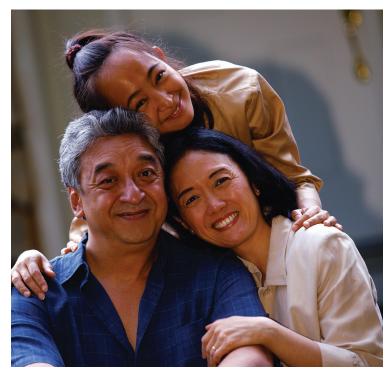
註冊

需電話評估與事前報名 408.372.9926 歐小榮 xou@alz.org

不接受現場報名

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Savvy Caregiver Training









Based on research by experts, this course from the Alzheimer's Association will provide clinical-level training for hands-on family caregivers.

Many family caregivers have told us they would like to go beyond the introductory education offerings. This is that opportunity.

Graduate with improved:

- Knowledge, skills and outlook.
- Skills to assess the abilities of your loved one with dementia & adjust your approach over time.
- Confidence to set and achieve caregiving goals.
- Strategies to manage activities of daily living.

When:

Thursdays, 1 - 3 pm March 8, 15, 22, 29, April 5, 12 Please commit to attend all 6 classes.

Where:

Agape Community Center 378 18th Avenue, San Francisco

Cost: Free

The Program: The Savvy Caregiver Training Program provides over 12-hours of face to face training with dementia experts and a caregiver manual.

- Phone screening and preregistration is required.
 408.372.9926 ask for Xiaorong Ou or email xou@alz.org
- > No Walk-Ins Accepted