



## Medicare and Medicaid—From Coverage to Care (C2C)

### 聯邦紅藍白卡健康保險計劃 – 從保險到護理

How to successfully navigate healthcare coverage 如何成功導航醫療保健範圍

UCSF ASIAN HEALTH INSTITUTE BILINGUAL HEALTH LECTURES

亞裔健康研究院雙語健康講座（英語和廣東話）

**W**E UNDERSTAND THAT HEALTH INSURANCE can be a bit overwhelming and confusing at first. However, there are many ways you can make the most of it. In this class, we will specifically study the Medicare and Medicaid plan, and have invited Darryl Burton, an expert data analyst in the Centers for Medicare & Medicaid Services (CMS) under the United States Department of Health and Human Services, to help you understand your health coverage and connect to primary care and the preventive services that are right for you, so you can live a long and healthy life. This is a free bilingual (English/Cantonese) class. All are welcome.

**我**們知道不同的健康保險起初可能令人有點混亂和覺得不能應付。但是，其實我們是有很多方法去

盡量選擇最合適的。我們將在本講座中專研聯邦紅藍白卡健康保險計劃，並邀請了CMS聯邦保險辦公室的專家和數據分析師Darryl·Burton幫您了解您的健康保險與基本的保健和適合您的預防篩查服務，這樣你

就可以过上長壽健康的生活。這是個免費的雙語（英語／廣東話）講座，誠邀及歡迎各位踴躍參加。



#### Speaker

演講者



#### Darryl Burton

Lean Consultant, Region 9 San Francisco  
Centers for Medicare and Medicaid Services  
United States Department of Health and Human Services

#### Date/Time

日期時間

**September 18, 2019 (Wednesday) 九月十八日（星期三）**

下午 5:00–6:30 pm

#### Location

地點

**Herbst Hall, UCSF Mount Zion Campus 赫布斯特館**

**1600 Divisadero 街 (Between Post and Sutter St.), 2<sup>nd</sup> floor, San Francisco**

#### RSVP

敬請回復

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