



## Wellbeing Standards: WELL Building Standard™ & Fitwel 增強患者健康系列：介紹兩項建設概念對健康的影響

UCSF ASIAN HEALTH INSTITUTE BILINGUAL HEALTH LECTURES  
亞裔健康研究院雙語健康講座（英語和廣東話）

**H**AVE YOU EVER THOUGHT BUILDINGS that we live and work in can affect our health? The time has come to elevate human health and comfort to the forefront of building practices and reinvent buildings that are not only better for investment, but also for wellbeing. This Introduction to the WELL Building Standard™\* and Fitwel is the second lecture in the Patient Empowerment Series which will explain design and construction strategies to address human health through building designs, using these wellbeing standards. Please join us in the following lecture as Austen Peterson, a Fitwel ambassador who is also involved with LEED\*\* and WELL projects, shares her expertise with us. This is a free and bilingual (English/Cantonese) lecture. All are welcome.



**您** 有沒有想過在我們生活和工作中的建築物可以大大影響我們的健康？現在確實已是時候將人類健康和舒適提升到建築業的第一線，去重塑不僅更有利於投資而且還能夠促進大眾提增健康的建築物。我們

第二個增強患者健康系列的講座是要為大家簡介促進健康建築物 WELL Building Standard™\* 這個新建築設計概念去解釋設計和施工的策略，以 WELL 的建築標準和 Fitwel 之合作關係作為框架用來解決一

些人類健康問題。為此，我們特邀了 Fitwel 大使 Austen Peterson 與我們分享她的專業知識。這是一個免費的雙語（英語／廣東話）講座，歡迎參加。

**Speaker**  
演講者



**Austen Peterson, Fitwel Ambassador**

Sustainability Associate, PREP Associate; Cushman & Wakefield  
[bit.ly/PetersonBio](http://bit.ly/PetersonBio) [fitwel.org/about](http://fitwel.org/about)

**Date/Time** **July 18, 2018 (Wednesday) 七月十八日（星期三）**  
日期時間 下午 5:00–6:30 pm

**Location** **Herbst Hall, UCSF Mount Zion Campus 赫布斯特館**  
地點 **1600 Divisadero 街 (Between Post and Sutter St.), 2<sup>nd</sup> floor, San Francisco**

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\*The WELL Building Standard™ is the first standard to integrate human health and wellness into the design, construction, maintenance and operations of buildings. Learn more at [wellcertified.com](http://wellcertified.com).

\*\*Leadership in Energy and Environmental Design